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## **Eleanor Garrow Joins Cincinnati Center for Eosinophilic Disorders**

Eleanor Garrow has joined the Cincinnati Center for Eosinophilic Disorders (CCED) at Cincinnati Children's Hospital Medical Center as senior specialist for program management.

In this role, Garrow will direct implementation of strategic planning; guide the team by developing processes to drive clinical, quality and research improvements; and work with individuals, families and public groups to increase support and awareness of eosinophilic disorders.

"We are eager to see Eleanor in action," says Marc E. Rothenberg, MD, Director of the CCED. "Her vast experience in program management, education and outreach will help us to improve clinical and research efficiency, the patient experience and awareness of these disorders and ultimately to find a cure."

Eosinophilic disorders are characterized by high levels of immune cells called eosinophils in various parts of the body. These painful, inflammatory disorders render children unable to eat a wide variety of foods. In addition, these conditions are chronic and require invasive procedures, such as endoscopy, for diagnosis and monitoring disease activity.

Ms. Garrow is no stranger to allergic conditions such as eosinophilic disorders. For the past three and a half years, she was vice president of education and outreach for the Food Allergy and Anaphylaxis Network which has since merged with the Food Allergy Initiative to become Food Allergy Research and Education. Prior to that, she served as project manager of the Allergy and Asthma Network of Mothers of Asthmatics, founded the Pocha (Parents of Children Having Allergies) of Will County, Ill., and worked in hospital management for thirteen years.

"As a mother of a child with eosinophilic esophagitis, life-threatening food allergies and asthma, I have spent a majority of my professional career raising awareness and educating others to enhance the lives of those affected with these conditions," says Ms. Garrow. "I am thrilled and honored to be joining Dr. Rothenberg and the Cincinnati Center for Eosinophilic Disorder's team to continue providing the best clinical care and patient education for our families."

Allergic diseases have been on the rise over the past 20 years, with approximately one of every 13 children having food allergies and more than 2.5 million children suffering from allergic asthma. The incidence of eosinophilic disorders such as eosinophilic esophagitis (EoE), has also been increasing. Eosinophilic disorders were only recently recognized as distinct conditions.

Eosinophilic disorders can affect people of any age but are more common among young men who have a history of other allergic diseases, such as asthma and eczema. Eosinophilic disorders are often first discovered in children with feeding difficulties and failure to thrive, but eosinophilic conditions are often misunderstood and not well known, delaying proper diagnosis

and treatment.

The Cincinnati Center for Eosinophilic Disorders was the first center established in the U.S. to bring together experts in various disciplines to tackle the challenges of eosinophilic disorders. Its team members are international leaders in diagnosing, treating and researching these rare disorders. The CCED is considered the most comprehensive clinic for these disorders, seeing both children and adults. It also is a dedicated research center.

### **About Cincinnati Children's**

Cincinnati Children's Hospital Medical Center is third in the nation in U.S. News and World Report's 2012 Best Children's Hospitals ranking. It is ranked #1 for neonatology and in the top 10 for all pediatric specialties. Cincinnati Children's is one of the top two recipients of pediatric research grants from the National Institutes of Health. It is internationally recognized for improving child health and transforming delivery of care through fully integrated, globally recognized research, education and innovation. Additional information can be found at [www.cincinnatichildrens.org](http://www.cincinnatichildrens.org).

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